



Spring Slam Derby Jam 2024

13-14 April, 2023

Hosted by the DesMoines Derby Brats

The purpose of this document is to inform Teams, Officials, and volunteers. Information is tentative and may change at the discretion of the head officials, tournament organizer, and any game day circumstances. Check back often for updates and additional information.

Venue Information

Location:

The Mid-American Rec Plex
6500 Grand Ave
West Des Moines, IA 50266

Parking:

Is FREE and located in front of the facility.



Skate Floor:

The skating floor is polished concrete, moderately slick. Some skaters may prefer softer wheels such as Poisons or similar but outdoor wheels may be too sticky. Venue will be open Friday (12 Apr) from 6-8 PM for open/free skate during track setup if you would like to come and test out the floor.

Locker Rooms:

Skaters and officials will have usage of designated locker rooms with restrooms and showers (so no one has to ride home smelly).

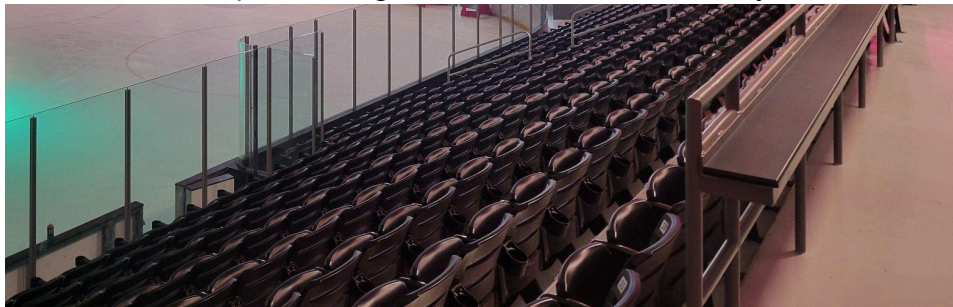
Spectator Information

Admissions:

Admission will be \$12 a day or \$20 for the weekend for adults. Students are \$6 a day or \$10 for the weekend. 5 and under are free.

Seating:

There will be ample seating in comfortable stadium style bleachers.



Hotel Information

There are many hotels located one exit away. We have secured a block of rooms at:



[Hyatt Place West Des Moines/Jordan Creek](#)

295 S 64th Street West Des Moines, IA 50266

- Room Rate is \$149
- Reservations must be received by March 12, 2024

Please use one of the following to book your reservation:

- [Book online for your group rate for Spring Slam Derby Jam 2024](#)
- Call 1-888-492-8847 reference code: **G-CDM1**

Food

At Venue:

MidAmerican RecPlex has an extensive list of concessions available for the duration of the event.

Outside food WILL NOT be permitted in the venue.

RecPlex Menu	
DRINKS	SNACKS
SODA/WATER.....\$2.25	FRIES.....\$1.50
GATORADE.....\$2.50	BEEF JERKY.....\$2.00
COFFEE.....\$2.00	CANDY & C. IKIES.....\$2.00
CAPPUCCINO.....\$2.00	MINI CINNAMON BAGEL.....\$2.00
HOT CHOCOLATE.....\$2.00	POPCORN.....\$2.25
ENERGY DRINK.....\$3.25	ASSORTED NUTS.....\$2.25
CANNED BEER.....\$5.00	HUMMUS W/ PRETZELS.....\$3.25
CANNED WINE.....\$6.00	
CANNED COCKTAIL.....\$7.00	
	HOT FOODS
SANDWICHES	FRENCH FRIES.....\$3.00
HAMBURGER.....\$5.00	SLICE OF PIZZA.....\$3.25
CHEESEBURGER.....\$5.50	NACHOS.....\$3.50
BLACK BEAN BURGER.....\$5.00	ALL BEEF HOT DOG.....\$3.50
GRILLED CHICKEN BREAST.....\$4.75	PRETZEL W/ CHEESE.....\$4.25
BREADED CHICKEN BREAST.....\$5.25	CHICKEN TENDERS.....\$5.00
	*BOSCO STICKS & MARINARA.....\$4.00
	*CHEESE CURDS.....\$5.00
BASKETS	BREAKFAST
All Baskets Served with Fries	*Breakfast Sold until 10:30AM on Weekends
HOT DOG.....\$6.00	BREAKFAST SANDWICH.....\$5.2
HAMBURGER.....\$7.50	SAUSAGE, EGG & CHEESE
CHEESEBURGER.....\$8.00	SANDWICHES
CHICKEN TENDERS.....\$7.50	BREAKFAST PIZZA.....\$3.2
GRILLED CHICKEN BREAST.....\$7.25	MINI DONUTS.....\$2.0
BREADED CHICKEN BREAST.....\$7.75	OATMEAL.....\$2.0
BLACK BEAN BURGER.....\$7.50	HASHBROWNS.....\$2.0

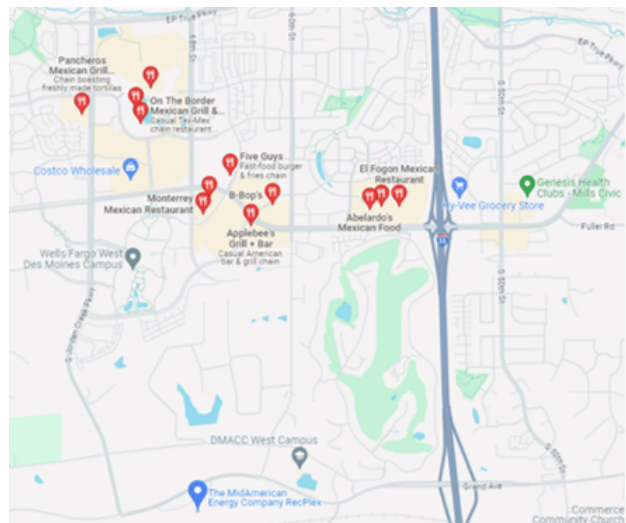
*Items may have longer wait times.

The Officials Area will have some food and beverage provided.

A Hydration Station with water and Gatorade will be available for officials and teams to use.

Nearby:

There are many many options one exit north of the RecPlex in an area called Jordan Creek.



04/13/2024:Merchandise



Skate South will have many skating and skate accessories to include various wheels, laces, toe stops, etc for sale.



The official Event Merchandiser will be Fine Designs. They will be able to custom make tournament specific apparel as well as shirts with your team logo, player(s) names, and fun derby sayings!

We encourage all teams to sell their own items at a designated table in the vendors area.

Game Schedule

Saturday April 13

Doors Open for teams at 7:30 AM - Skaters and volunteer check-ins

Doors Open for Spectators at 8:30 AM

Game 1: 8:30 AM - Coaches & Captains meeting Game 1

8:35 - 8:55 AM - Warm Ups and Gear Check

8:40 AM - Officials Meeting

9:00 AM - G1

Game 2: 10:30 AM - Coaches & Captains meeting Game 2

10:35 - 10:55 AM - Warm Ups and Gear Check

11:00 AM - G2

BREAK An extended break to allow for lunch

Game 3: 1:30PM - Coaches & Captains meeting Game 3
 1:35 PM - 1:55 PM Warm Ups and Gear Check
 2:00 PM - G3

Game 4: 3:30PM - Coaches & Captains meeting Game 4
 3:35 PM - 3:55 PM Warm Ups and Gear Check
 4:00 PM - G4

Game 5: 5:30PM - Coaches & Captains meeting Game 5
 5:35 PM - 5:55 PM Warm Ups and Gear Check
 6:00 PM - G5

Sunday April 14

Doors Open for teams at 7:30 AM - Skaters and volunteer check-ins

Doors Open for Spectators at 8:30 AM

Game 6: 8:30 AM - Coaches & Captains meeting Game 6
 8:35 - 8:55 AM - Warm Ups and Gear Check
 8:40 AM - Officials Meeting
 9:00 AM - G6

Game 7: 10:30 AM - Coaches & Captains meeting Game 7
 10:35 - 10:55 AM - Warm Ups and Gear Check
 11:00 AM - G7

BREAK An extended break to allow for lunch

Game 8: 1:30PM - Coaches & Captains meeting Game 8
 1:35 PM - 1:55 PM Warm Ups and Gear Check
 2:00 PM - G8

6:00PM - Track tear-down & clean-up (skaters/coaches/volunteers)

Warm Up, & Jersey Information

Teams will be given a 10 minute warm up before each game. Gear checks will be done while the opposing team is warming up. Please see below schedule.

Teams can also get on the track during the halftime of the game prior. Halftime will be 15 minutes. This will be shared track time. Please wait until the floor is swept or any necessary track maintenance is done before entering track.

If you are playing in the first game of the day or immediately after a break, you will meet a half hour prior to your scheduled game start time. For all other games the scheduled captain's meeting times are estimated and the meeting will take place immediately upon completion of the previous bout.

WARM UP & UNIFORM COLOR ASSIGNMENTS				
DAY	GAME	TEAM	WARM UP TIME	UNIFORM COLOR
SAT	1 9:00am	Des Moines Derby Brats	8:35am - 8:45am	Black
		Sioux Falls Junior Roller Derby	8:45am - 8:55am	White
	2 11:00am	Minnesota Frostbite	10:35am - 10:45am	Purple
		IC Bruisers	10:45am - 10:55am	White
	3 2:00pm	Des Moines Derby Brats - (B-Team)	1:35pm - 1:45pm	Black
			1:45pm - 1:55pm	White
	4 4:00pm	Des Moines Derby Brats	3:35pm - 3:45pm	Black
		IC Bruisers	3:45pm - 3:55pm	White
	5 6:00pm	Sioux Falls Junior Roller Derby	5:35pm - 5:45pm	Green
		Minnesota Frostbite	5:45pm - 5:55pm	White
SUN	6 9:00am	IC Bruisers	8:35am - 8:45am	Blue
		Sioux Falls Junior Roller Derby	8:45am - 8:55am	White
	7 11:00am	Minnesota Frostbite	10:35am - 10:45am	Purple
		Des Moines Derby Brats	10:45am - 10:55am	White
	8 2:00pm	IC Bruisers - (B-Team)	1:35pm - 1:45pm	Blue
		Des Moines Derby Brats - (B-Team)	1:45pm - 1:55pm	White

Awards

Awards will be given out to the MVB and MVJ for each team after each bout. MVB and MVJ will be selected by the opposing team and announced shortly after the conclusion of each bout. Awards will be provided by the tournament host team.

Enjoy Des Moines

Des Moines has a lot of fun and unique places to visit!

Things to Do

- [Lauridsen Skatepark](#)
- [Blank Park Zoo](#)
- [Pappajohn Sculpture Park](#)
- [Botanical Garden](#)
- [Adventureland](#)

Places Unique to Des Moines to Eat

- [Fong's Pizza](#)
- [Zombie Burger](#)
- [Jethro's](#) (each location has a different 'themed' food)

To find even more fun things to do and places to eat visit

<https://www.catchdesmoines.com/>

CATCH
DES MOINES

Stay Up to Date

Follow the [Des Moines Derby Brats](#) on Facebook and select 'going' to the [Spring Slam Derby Jam 2024](#) to stay up to date on all things for the tournament. We will post photos, scores, and links to watch the bouts virtually here.

If you have any questions please contact the
Des Moines Derby Brats Booster club at dmdbboosterclub@gmail.com
Please include 'Spring Slam 2024' in your email subject line.